



Welcome to the Mental Health Clinical Pastoral Education Centre

The Cottage Chapel, Hornsby Ku-ring-gai Hospital, Palmerston Rd Hornsby

cpe.krg@gmail.com PO Box 469 Beecroft NSW 2119 mobile. 0413805263

Offering education and supervision in pastoral ministry for chaplains, pastoral visitors, clergy and theological students from all Faiths

Moving from our previous base at Rozelle Hospital in 2006, we have relocated our Centre to Hornsby Ku-ringgai Hospital, continuing to offer Introductory and Basic CPE and supervised pastoral education for pastoral practitioners from all faiths, as well as all Christian denominations. We have run CPE 1, CPE 2 and CPE 3 Units in Mental Health Ministry at Macquarie Hospital, Hornsby and Cumberland Hospitals, and Aged Care CPE at the St Basil's Aged Care Facilities, Lakemba and Kogarah.

Over the 40 years of our Centre's functioning, we have provided Introductory CPE for Chaplaincy and pastoral care teams throughout the State including at St Leonards for the Buddhist Council of NSW, Waverley for the Jewish Council, and Auburn for the Islamic Scientific and Research Academy; which have led to many pastors from those areas proceeding to Basic (Foundational) CPE Units. These have been at Rozelle, Macquarie, Hornsby, Lakemba, Cumberland and Auburn, as well as on Zoom specifically to accommodate remote and interstate students.

Our Supervisors

Rev. Alan Galt OAM, Centre Director, CPE Education Consultant.

Mental Health Chaplain for 46 years; CPE Supervisor now Consultant for 42 years; Grandfather; Senior Lecturer in Pastoral Theology; member of the NSW CPE College, previously Council) since 1972.

Consultant for the College's Buddhist, Islamic, and Korean CPE Units.



Mrs Rosemarie Say OAM, Assistant Centre Director CPE Educator

MA (Pastoral Supervision)
Trained Psychiatric and General Nurse
Child Abuse Prevention Counsellor (7 years)
Grief Support Worker (21 years)
Mental Health Chaplain (22 years)
CPE Supervisor (10 years). Grandmother, and Co-ordinator of the Macquarie Hospital Chaplaincy Department and Pastoral Volunteers



Mrs Heather Robinson, Provisional CPE Educator, Executive Secretary NSW CPE College

Previously Supervisor of the Korean language CPE program Rhodes; Co-supervisor Mental Health Ministry at Macquarie Hospital and Cumberland in 2022. Volunteer with the Macquarie Hospital Pastoral Care Team for ten years, and with over twenty years experience in pastoral care, including in aged care and mental health ministry. Passionate about the benefits of CPE and began training as a Supervisor in 2014. Four grandchildren keep me busy and young at heart. Not to mention keeping up with my young mother. My interests include music, poetry and gardening.



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Rev. Graeme Watkins,

Provisional CPE Supervisor
Trained as a Primary School Teacher 1973 - 1975
Ordained as Uniting Church Minister 1982
Father, Grandfather.
Chaplain to Kinross Wolaroi UCA School 1990 - 2007
Minister Wesley Mission 2008 – 2014; Lakemba 2015 - CPE Training 2013 - 2016; MA (Chaplaincy) 2017
Provisional CPE Supervisor 2017 -
Member of ARPS Committee 2020.
Chair of the Mental Health CPE Centre Advisory Committee



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Krsnangi (Kristine Darre)
Provisional CPE Supervisor.

Hari Krishna Chaplain. Co-supervising the Aged Care Ministry CPE Unit, based at St Basil's Aged Care Facility, Lakemba and on Zoom.



Currently caring for 2 aged parents who are reluctantly facing placement. Enjoying an on line pastoral education program from the USA. Secretary of the Mental Health CPE Centre Advisory Committee.

Mr Michael Ansky,
Provisional CPE Supervisor

Uniting Church Mental Health Chaplain in the Western Sydney Health Area after 30 years working with disadvantaged and marginalised people.



Husband, father and grandfather, and co-supervisor of the New Mental Health CPE Unit at Cumberland Hospital and on Zoom. Registrar of the Mental Health CPE Centre's CPE programs.

Assoc Prof Salih Yucel, OAM,
Provisional CPE Supervisor

A/Professor of Islamic Studies at Charles Sturt University /Australian Catholic University Degrees: Bachelor of Islamic Studies, Master of Theology and Doctor of Ministry. Provisional CPE Supervisor, pioneering CPE for Islamic students in Australia., in Sydney and Melbourne and by Zoom. Grandfather, author of four books and number of articles. Lives in Melbourne.



Rev Dr Sang Taek Lee, OAM
Provisional CPE Supervisor

Dean of Iona Columba College. Minister of the Uniting Church in Australia. PhD (University of Sydney). Lecturer and author. Co-supervises the Korean CPE Unit at Rhodes and on Zoom



Rev Sarah (Moo Soon) Kim,
Provisional CPE Supervisor

Lecturer at the Iona Columba Korean College.

Co-supervisor and Translator for the Bi-lingual Korean Basic CPE Unit at Rhodes and by Zoom. Mentors students in their mental health placements at Concord Hospital Mental Health Centre.



Dr Nicola LeCouteur, Provisional
CPE Supervisor,

Buddhist Chaplain at Macquarie and Cumberland. Accountant and Bush Walker. New grandma of twins. Co supervisor of the Buddhist CPE On Zoom and the Cumberland Mental Health CPE Unit face to face and on Zoom

What courses are offered?

1.Introductory CPE (40 hours)

We offer the standard Introductory Clinical Pastoral Education program (40 hours) This is the minimum requirement to join any hospital chaplaincy team, and we welcome people of all Faiths.

It is an introduction to the theory and practice of pastoral/spiritual care and has long been the minimum qualification required by NSW Health for those wishing to become hospital visitors. It covers such topics as listening skills, empathy, grief and loss, self-awareness and hospital procedures. A certificate is awarded on completion.

2. Foundational (Basic 400 hour) Clinical Pastoral Education in Mental Health Ministry, CPE 1, CPE 2 and CPE 3;

learning to respond to the pastoral needs of distressed and disturbed people struggling on a journey of recovery from mental illness; and in Aged Care Ministry, an opportunity to understand and minister to people in their final, often confusing, stages of life.

CPE 1, CPE 2 and CPE 3 will be offered face to face in 2022 in Mental Health Ministry at Macquarie Hospital; and Cumberland Hospital; and by Zoom only for remote and interstate students; and face to face at Lakemba in Aged Care Ministry. If further lockdowns are necessary, the Cumberland and Lakemba Units will switch to Zoom

The Macquarie Basic (Foundational) CPE is a unique training opportunity with a limit on numbers. Rosemarie has been involved with mental health since the 1960s. She and Heather select course participants carefully. Mental Health is a demanding and sensitive, but fascinating, area to work in. We welcome all faiths and are looking for people with a heart for mental health ministry. To start training, experience is not necessary, but participants are introduced to the wards under close supervision. Our aim is to achieve the maximum cohesion of a closely bonded group that will provide a safe, supportive environment resulting in optimal personal growth, learning and enjoyment for its members.

Who can apply?

- Parish workers and volunteers
- Those wishing to work in pastoral and spiritual care and chaplaincy
- Nurses/teachers interested in holistic care
- Those seeking more effective ways to care for people's spiritual needs
- Those wishing to discern their suitability to be a pastoral or spiritual carer
- Kind hearted people with a genuine care for others
- Those interested in spiritual care in Aged Care Facilities

Virtual Hospital Wards

During the Covid Lockdowns when it was not possible to visit residents in the wards or aged care facilities, we experimented in our Zoom CPE Units with creating a library of videos of simulated interviews, in which experienced chaplains, and guests, portrayed people for the students to interview in virtual psych units and dementia wards. The recorded videos are replayed in an almost live interaction which prepares students for the challenges of the actual visiting when it can occur.

2022 Course dates

400 hour Unit in Mental Health Ministry at Macquarie Hospital

25 Wednesdays, 2nd March to 21st September 2022, 8.00am to 3.00pm

400 hour Unit in Mental Health Ministry at Cumberland Hospital

25 Thursdays, 5th May to 17th November 2022, 8.45am to 4.00pm

400 hour Unit in Aged Care Ministry at St Basils' Lakemba

25 Tuesdays, 3rd May to 15th November 2022, 8.45am to 4.00pm

400 hour Distance Education CPE by Zoom, in Mental Health Ministry

25 Thursdays, 5th May to 17th November 2022, 1.00pm to 4.30pm

For Information about the Buddhist, Islamic and Korean CPE Units, please contact their relevant organisations.

What is the cost?

Foundational (Basic) CPE 1,2,3: \$1,750 per student which included the Course Certificate Fee of \$175

Introductory CPE \$200 per student, which also includes the certificate fee of \$75

For further information about the Macquarie program:

Please contact the Site Manager **Mrs Rosemarie Say OAM** Macquarie Hospital Chaplaincy Coordinator
Phone: 02 9887 5012 Email: Rosemarie.Say@health.nsw.gov.au

For further information about the Cumberland, Zoom Mental Health and Lakemba programs please contact the Director of the Mental Health CPE Centre:

Rev. Alan Galt OAM Phone: 0413 805 263 Email: cpe.krg@gmail.com PO Box 469 Beecroft NSW 2119

ACADEMIC RECOGNITION

As a Member Institute of the Sydney College of Divinity, the NSW College of Clinical Pastoral Education provides Master of Arts degrees specialising in Chaplaincy and Pastoral Supervision, and gives credit for Basic and Advanced Units of CPE, and Units of Supervisory Training, towards those degree.

Students with a Bachelor degree or other relevant qualification may enrol in

The Sydney College of Divinity **Master of Arts (leading to a specialisation in Chaplaincy)** which consists of three core units of CPE (CPE 1, CPE 2, CPE 3) for 54 credit points, half the course work. The remaining 54 credit points may be gained by enrolment in related courses (such as Theology, Biblical studies, Pastoral Theology and Pastoral Counselling) offered through the other member institutes of the Sydney College of Divinity.

The Sydney College of Divinity **Master of Arts (leading to a specialisation in Supervision)** includes the 3 18 point units of Education in Supervision, plus 6 more 9 point units in related pastoral, biblical and theological studies.