

**390 Victoria Street,  
Darlinghurst, NSW 2010**  
Map: <https://www.svhs.org.au/>

**Vision:** To lead a transformative Pastoral /Spiritual Care education, teaching and learning, researching and implementing.

**Mission:**

- Reach out and engaging the Spiritual dimension of the “Sacred” of people through Clinical Pastoral Education.
- Plan, design, delivering Pastoral/Spiritual Education within the St. Vincent Health Facilities according to its mission.
- Providing a learning space for everyone who seeks Pastoral/Spiritual education; Clinical and non-clinical.

**Method:**

- Face to face and online group work
- Action-Reflection- Action
- Research and experimental process of teaching and learning.

St. Vincent Hospital Sydney was Founded in 1857 by the Sisters of Charity, St Vincent's Hospital is one of Australia's most iconic Hospitals, which functions as a full service acute public teaching hospital. It has a long tradition in educating nurses, doctors, allied health, and pastoral care professionals.



St Vincent's recognises that spiritual care is an integral part of patients' healing and well-being. It has a dynamic Pastoral Care Department that responds to and promotes the spiritual well-being of patients, their families and the staff.

The Clinical Pastoral Education Centre was established in 1981 by Sr Margaret Lee RSC. Sr Margaret remained the Centre Director until 1995. In reflecting upon her life Margaret was described 'as a woman of great integrity, who cared about her friends, set high standards, was a thoughtful and sensitive woman with a strong sense of loyalty and justice.'

**Today** - The Centre offers Introductory, Foundational, Advanced and Supervisory Education programs, and collaborates with some Universities and Colleges in offering Pastoral programs.

## SUPERVISORS

**Centre Director:** Sr Helena Naif, SSPS



Sr Helena is an accredited Clinical Pastoral Educator with the New South Wales College of Clinical Pastoral Education and CPE Centre Manager. She is a Missionary Sister Servant of the Holy Spirit (SSpS). Sr Helena has worked in different ministries in her home country – Indonesia before coming to Australia in 2000.

While adjusting to the Australian context Sr. Helena researched to find a meaningful ministry to live out her missionary life. Her journey to Clinical Pastoral Education begun in 2006, this was followed by her Supervisory Education in 2009. She has been a Pastoral Care Practitioner for the last 14 years working in a variety of health care facilities.

As the Centre Director, Sr. Helena is responsible for managing the life of the Centre and its educational implementation. As an Educator, she delivers CPE Courses. She provides Pastoral Supervision for Pastoral/Spiritual Carers or Practitioners, and Priests and chaplains.

Sr. Helena's passion is to generate the Love of God to open hearts and bring alive the Mystery of God or the "Sacred" by tending to the 'human person' with its predicaments and reality of life. Supervision for her means 'shared vision' with the other. She is interested in reflecting theologically on human experiences that convey Divine message.

**CPE Provisional Pastoral Supervisor:** Debra Kelly



Debra is a Provisional Pastoral Supervisor at St Vincent's Hospital, Sydney. She also supervises CPE courses sponsored by the Buddhist Council and the Mental Health Clinical Pastoral Education Centre.

She began working life as a high school teacher of religion before discovering the world of chaplaincy as a volunteer high school educator. A practicing Zen Buddhist (Ordinary Mind lineage), she worked as Buddhist Chaplain at the University of Technology, Sydney, leading meditation groups for staff and students. Having completed 3 units of CPE, Debra was accredited to begin supervisory training in 2021.

She has been a member of the Pastoral Care department at St Vincent's Private Hospital since 2019 and has a particular interest in cardiac and palliative care and the connection between meditation, mindfulness and holistic care. She continues to explore the integration of Buddhist teachings with pastoral presence. Debra is currently enrolled in a Masters in Pastoral Supervision.

### Level 3 CPE Educational Consultant



Jenny Washington is an accredited CPE Educational Consultant with the NSW College of Clinical Pastoral Education and the Manager of the Pastoral Care Department for St Vincent's Hospital and Sacred Heart Health Service. As a CPE Educational Consultant Jenny continues to provide education and supervision to the next generation of CPE Supervisor Educators and to Pastoral Practitioners. Her interest is in developing a supervisory model that is co-creative. This model invites the practitioner to engage in a reflective dialogue: to learn from their experience of providing pastoral care or pastoral supervision, to become more aware of the skills, knowledge, values and assumptions that they hold, to grow in their capacity to be more self and other aware, to gain support, and to feel replenished to continue their work.

Jenny holds an honorary position of Academic Dean for the NSW College of CPE. She is a member of the College Executive and teaches Education Theory and Practice in Pastoral Supervision.

#### What courses are offered?

##### **Introductory CPE (40 hours)**

This course is an introduction to the theory and practice of pastoral/spiritual care. It is a qualification required by NSW Health for those wishing to become hospital visitors. It provides prior knowledge and as pre-requisite for Foundational CPE Units. It covers such topics as listening skills, empathy, grief and loss, self-awareness and hospital procedures. A certificate is awarded on completion.

##### **Foundational CPE 1 & CPE 2 (400 hours)**

These courses are aimed at providing intensive training in pastoral/spiritual care by means of a supervised group and individual reflection on pastoral conversations. Using an action/reflection method, they require students to complete 150 hours of clinical work (pastoral visiting) in assigned hospital wards or other approved locations, together with 80 hours of group work, 10 hours of individual supervision and 160 hours of reflection/reading/seminar preparation and Pastoral Encounter Report (PER) writing.

##### **Pre-requisites:**

Introductory CPE Course

Applicants are interviewed prior to acceptance into the course.

The course is offered in different modes. See below

Group work is conducted at the Clinical Pastoral Education Centre, St Vincent's Hospital Sydney. The maximum number accepted into a Foundational CPE group is six students. Limited places are available and we encouraged applicants to apply early to avoid disappointment.

### **Advanced Unit or CPE 3**

Students will be accepted into this unit only after completion of CPE 1 and CPE 2 at credit level or above and satisfactory reports from previous supervisors.

Advanced CPE requires a heightened level of personal awareness, pastoral formation and professional development in a pastoral care specialisation. It aims at professional competence. Building on the previous units of Clinical Pastoral Education, it seeks to further develop students' awareness of pastoral dynamics in a specialised area of ministry. This is achieved by reflection on the student's practical experience of the specialised ministry, together with research into the area of specialisation. A particular focus is on the ethical challenges posed by the ministry specialisation and associated theological dilemmas.

Award of an Advanced Unit requires satisfactory presentation to a NSW College of CPE Review Committee.

#### [Who can apply?](#)

- Pastoral Care Practitioners
- Chaplains in any fields
- Parish Pastoral workers.
- Volunteers
- Those wishing to work in pastoral and spiritual care or chaplaincy
- Nurses/teachers/other health professionals interested in holistic care
- Those seeking more effective ways to care for people's spiritual needs
- Those wishing to discern their suitability to be a pastoral or spiritual carer within their own profession
- Kind hearted people with a genuine care for others
- Those interested in spiritual care in Aged Care Facilities
- Those seeking to develop their capacity for reflective practice and to provide Spiritual Care

#### [2021 Course dates](#)

## 2022 CPE PROGRAM DATES

**Introductory courses:**

- 19<sup>th</sup> – 21<sup>st</sup> January & 2<sup>nd</sup> - 4<sup>th</sup> February 2022, Online
- 9<sup>th</sup> /16<sup>th</sup> /23<sup>rd</sup> /30<sup>th</sup> March & 6<sup>th</sup> / 13<sup>th</sup> April 2022, Face-to-face
- 27<sup>th</sup>- 29<sup>th</sup> April and 18<sup>th</sup> - 20<sup>th</sup> May 2022, Online
- 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> July & 2<sup>nd</sup>, 9<sup>th</sup>, 23<sup>rd</sup> August 2022, Face-to-face
- 19<sup>th</sup> – 21<sup>st</sup> October & 2<sup>nd</sup> - 4<sup>th</sup> November 2022, Face-to-face

**Foundational CPE Units****Semester Units:**

Offered Tuesdays: Group Work and Individual supervision. One other day of the week for Clinical Placement.

**Semester 1:** 21<sup>st</sup> /22<sup>nd</sup> February to 6<sup>th</sup> /7<sup>th</sup> June 2022.

**Semester 2:** 22<sup>nd</sup> / 23<sup>rd</sup> August to 5<sup>th</sup> / 6<sup>th</sup> December 2022

**Year Long Unit**

Students meet once a month on a Thursday and Friday for group supervision and attend 10 hours of individual supervision. One day a week for Clinical Placement (150 hours)

Dates for Year Long Unit: **Thursdays/Fridays.**

24/25 Feb, 17/18 March, 7/8 April, 5/6 May, 2/3 June, 25/26 August, 15/16 Sept, 6/7 & 27/28 Oct, 24/25 Nov 2022

**Summer Intensive Unit (Unsure due to COVID-19)**

Summer Intensive CPE Units are conducted from November to February. Participants are required to meet 2 days each week for group supervision, and attend 10 hours individual supervision. 2 days each week is also required for clinical placement (200 hours).

Dates: 10<sup>th</sup> /11<sup>th</sup> November 2022 to 9<sup>th</sup> / 10<sup>th</sup> February 2023.

## What is the cost?

**Introductory Course:** \$ 525

### **Foundational CPE 1,2, & 3**

Academic award students:

Undergraduate: \$2450

Postgraduate: \$3080

Non award students:

Foundational CPE Unit 1, 2, 3 \$1800/unit

Advance Unit \$2150

The above fees include the cost of the CPE certificate.

## **Where do I send my application?**

Sr. Helena Naif SSpS  
Pastoral Educator/Manager  
Clinical Pastoral Education Centre  
St Vincent's Hospital,  
390 Victoria Street  
Darlinghurst NSW 2010

## **For more information contact**

Sr. Helena Naif SSpS  
Clinical Pastoral Educator/Manager  
Email: [bernadeta.naif@svha.org.au](mailto:bernadeta.naif@svha.org.au)  
Phone: 02 8382 2119

Ms Debra Kelly  
Provisional Clinical Pastoral Educator  
Email: [debra.kelly@svha.org.au](mailto:debra.kelly@svha.org.au)

Enrolment forms can be found on this website: <https://www.svhs.org.au/>

## ACADEMIC RECOGNITION

As a Member Institute of the Sydney College of Divinity, the NSW College of Clinical Pastoral Education provides Master of Arts degrees specialising in Chaplaincy and Pastoral Supervision, and gives credit for Basic and Advanced Units of CPE.

Students with a Bachelor degree or other relevant qualification may enrol in a **Master of Arts (leading to a Specialisation in Chaplaincy)** which is offered by the NSW College of CPE through the Sydney College of Divinity. Students undertake three core units of CPE (CPE 1, 2, 3) and receive 54 credit points, half the course work. The remaining 54 credit points may be gained by enrolment in related courses (such as theology, Biblical studies, pastoral counselling) offered through the other member institutes of the Sydney College of Divinity.

*"It may seem things move very fast, begin and end in a relatively short time and /or in a long time. One thing that might stay is the meaning of each moment spent"* **anonymous**