



## Welcome to the Southern Tablelands CPE Centre

**Pastoral Services Office  
Marian Unit  
Bourke Street Health Service  
234 Bourke Street, Goulburn NSW**

The Southern Tablelands CPE Centre was granted provisional registration in November 2018 by the NSW College of Clinical Pastoral Education Inc.

Located in the Southern Tablelands region of NSW this CPE Centre serves Goulburn, Crookwell, Yass, Braidwood and Cooma as well as Moss Vale, Bowral and Mittagong in the Southern Highlands. The Centre also currently extends to Campbelltown and regional areas in the Riverina district of NSW.

### **Centre Director, Barbara Hall**

Barbara has been associated with the College as a CPE Supervisor since 2002 and has been conducting Introductory Courses and Basic Units through the Canberra & Region Centre for Spiritual Care & Clinical Pastoral Education in Goulburn, Canberra, Cooma and Queanbeyan. Barbara is a CPE Educator (Level 2), currently one of the Deputy Presidents of NSWCCPE and was previously Executive Secretary for six years. Barbara is an Associate Teacher with the Sydney College of Divinity (SCD). With 25 years' experience as a pastoral care practitioner in acute, palliative, rehabilitation and psychiatric hospital settings, Barbara held the position of Coordinator, Chaplaincy & Pastoral Care in Goulburn Health Service for 17 of those 25 years, stepping down from the role in December 2018.



### **Carmen Karauda**

Carmen is a Provisional CPE Educator, previously attached to the Mental Health CPE Centre, and an Associate Teacher with the SCD. Carmen was a Course Facilitator and Assessor for Holy Family Services' Registered Training Organisation, a privately run RTO in Marayong, which facilitates courses such as 10642NAT Diploma of Ageing and Pastoral or Spiritual Care. Carmen currently holds the position of Treasurer on the NSWCCPE Executive and brings her valuable former experience as an Accountant and Accounting Software trainer to the role. Carmen's interest in exploring ways of helping others discover and develop their talents and skills has led her into the area of pastoral and spiritual care. Carmen's studies and work to date have mainly been in the area of spirituality and exploring the meaning and purpose of life today and pastoral and spiritual care of the aged, sick and dying. Carmen has a well-developed understanding of spirituality and journeying with others as they explore their own spirituality and relate to others on their journey.

## What courses are offered?

### Introductory CPE (40 hours)

This course is an introduction to the theory and practice of pastoral/spiritual care. It is a qualification required by NSW Health for those wishing to become hospital visitors. It introduces the action/reflection model and covers such topics as listening skills, empathy, grief and loss, self-awareness, spirituality and hospital procedures. A certificate is awarded on completion.

### Foundational CPE 1 & CPE 2 (400 hours)

These courses are aimed at providing intensive training in pastoral/spiritual care by means of supervised group and individual reflection on pastoral conversations. Using an action/reflection method, they require students to complete clinical work (pastoral visiting) in assigned hospital wards or other approved locations, together with group work, individual supervision and personal reflection/reading/seminar preparation and verbatim writing.

The 400 hour program is made up of:

- 160 hours clinical pastoral placement
- 140 hours reading, reflection and written coursework
- 90 hours group work
- 10 hours individual supervision

## Who can apply?

- Parish workers and volunteers
- Those wishing to work in pastoral and spiritual care and chaplaincy
- Nurses/Teachers interested in holistic care
- Those seeking more effective ways to care for people's spiritual needs
- Those wishing to discern their suitability to be a pastoral or spiritual carer
- Kind-hearted people with a genuine care for others
- Those interested in spiritual care in Aged Care Facilities

## Academic Recognition

As a Member Institute of the Sydney College of Divinity, the NSW College of Clinical Pastoral Education provides Master of Arts degrees specialising in Chaplaincy and Pastoral Supervision and gives credit for Foundational and Advanced Units of CPE.

Students with a Bachelor's Degree or other relevant qualification may enrol in a **Master of Arts (leading to a Specialisation in Chaplaincy)** which is offered by the NSW College of CPE through the Sydney College of Divinity. Students undertake three core units of CPE (CPE 1, 2, 3) and receive 54 credit points, half the course work. The remaining 54 credit points may be gained by enrolment in related courses (such as theology, Biblical studies, pastoral counselling) offered through the other member institutes of the Sydney College of Divinity.