

The NSW College of Clinical Pastoral Education HANDBOOK

Section 3

Introductory CPE

This 40 hour course seeks to introduce students to the role and practice of Pastoral Care.

Outcomes

At the end of the course students will be able to

1. Identify the scope and boundaries of the Pastoral Role
2. Define the role of Pastoral Care
3. Demonstrate a capacity for reflective pastoral practice
4. Articulate their motivation as Pastoral Carers
5. Demonstrate an awareness of how they relate with others
6. Begin the process of reflecting theologically

Essential elements

- 40 hours face to face group work/didactic presentations
- Peer group (minimum group of 6 participants)

Core Content

- Introduction to the Action/Reflection model of learning
- What is Pastoral Care
- Pastoral Identity
- Listening and responding skills
- Empathy
- Self care
- Grief and Loss
- Theological Reflection
- Scope of the Pastoral Role including boundaries, confidentiality and privacy.

Optional Content Areas

Depending on the particular needs of the participants the program may also include:

- Understanding dementia
- Mental health
- Cultural diversity
- Ageing process
- Drug and Alcohol

- Place of liturgy and ritual
- Spirituality

Assessment

Students must demonstrate successful achievement of the course unit outcomes through a multi-choice assessment tool.

Quality and Compliance

Course Unit Timetables/program must be submitted to the College office no later than the 31st January of each year, for review by the Professional Standards Committee.